

ITCT-A Possible Interview Question Topics

Adolescent/Young Adult, version II (PIQT-A-II)

Problem area [ATF-A-II item]	Possible Interview Question Topics
1. Safety (environmental)	<ol style="list-style-type: none"> 1. Does the client have a place to stay tonight 2. Is the client afraid that someone might hurt the client 3. Does the client feel safe at home, at school, or in the neighborhood 4. Is anyone making the client do anything the client doesn't want to do 5. Is there continuing danger from past perpetrators
2. Issues associated with sexual or physical victimization by adult(s) or peer(s)	<ol style="list-style-type: none"> 1. Has there been one or more incidents of sexual or physical abuse by an adult 2. Has there been one or more incidents of peer sexual assault 3. Has there been one or more incidents of peer physical assault 4. Have there been sexual or physical threats 5. Has the client personally experienced gang violence
3. Caretaker support issues	<ol style="list-style-type: none"> 1. Does the client feel like parent(s) or family members "are on your side" 2. Does the client feel that the client's parent(s) take good care of the client 3. Is there someone in the client's family whom the client can talk to 4. Are parent(s)/family supportive of the client being in therapy 5. Does the client feel loved by parent(s) or family members
4. Anxiety	<p>Extent of:</p> <ol style="list-style-type: none"> 1. Anxiety or feeling scared 2. Panic attacks (define, if necessary) 3. Worrying 4. Feeling like something bad is about to happen 5. Insomnia at night because the client is worrying about the future
5. Depression	<p>Extent of:</p> <ol style="list-style-type: none"> 1. Feelings of sadness 2. Depression 3. Crying during the last week 4. Feeling really down 5. Feeling hopeless about the future
6. Aggression risk	<p>Extent of:</p> <ol style="list-style-type: none"> 1. Getting into fights 2. Feeling angry a lot of the time 3. Getting mad at people 4. Getting into trouble because of angry feelings 5. Hitting or hurting people or animals
7. Low self-esteem	<p>Extent of:</p> <ol style="list-style-type: none"> 1. Feeling bad about self 2. Self-criticism 3. Not liking self 4. Putting self down 5. Feeling unattractive or unintelligent

ITCT-A Possible Interview Question Topics

Adolescent/Young Adult, version II (PIQT-A-II)

Problem area [ATF-A-II item]	Possible Interview Question Topics
8. Posttraumatic stress	Extent of trauma-related: <ol style="list-style-type: none">1. Bad dreams2. Flashbacks (define, if necessary)3. Feeling tense or on edge4. Avoiding people or places or situations that remind the client about bad things that have happened5. Not being able to have feelings, even though the client thinks the client should have them
9. Attachment insecurity	Extent of: <ol style="list-style-type: none">1. Trust of people in general2. Worry that people will leave/abandon the client or not be close to the client anymore3. Friends in the client's social network4. Need to keep people at a distance5. Feeling empty inside when people aren't around the client
10. Identity/self-reference issues	Extent of: <ol style="list-style-type: none">1. Not knowing who the client really is2. Being confused about what the client wants in life3. Standing up for self in conflicts or arguments4. Self-confidence5. Understanding one's self and why one does things
11. Relationship problems	Extent of: <ol style="list-style-type: none">1. Having trouble making friends2. Getting into arguments with partner or friends3. Staying around friends or sexual/romantic partners even when they are hurtful to the client4. Problems with people in close relationships5. Relational "break-ups"
12. Suicidality	Extent of: <ol style="list-style-type: none">1. Thoughts about suicide2. Previous suicide attempts3. Wanting to die4. Making suicide plans5. Doing dangerous things in the hopes that the client might die
13. Dissociation	Extent of: <ol style="list-style-type: none">1. "Spacing out"2. Watching self from outside of one's body3. Feeling like things are unreal4. Doing things and not remembering them later (without substance abuse)5. Feeling disconnected from things, or watching things from a distance

ITCT-A Possible Interview Question Topics

Adolescent/Young Adult, version II (PIQT-A-II)

Problem area [ATF-A-II item]	Possible Interview Question Topics
14. Substance use and abuse	Extent of: <ol style="list-style-type: none"> 1. Alcohol use 2. Recreational drug use (determine drugs of choice) 3. Abuse of prescription drugs 4. Trying to stop using drugs or alcohol but not being able to 5. Getting into trouble because of drug or alcohol abuse
15. Grief	Extent of: <ol style="list-style-type: none"> 1. Sadness about the loss of the person 2. Missing the person 3. Seeing or hearing the person although the person is not actually present 4. Preoccupation with, and intrusive thoughts about, the person 5. Pretending that the person isn't dead or gone
16. Problematic sexual behaviors	Extent of: <ol style="list-style-type: none"> 1. Multiple sex partners 2. Involvement in sexual behaviors for non-sexual reasons (e.g., attention, power, self-esteem) 3. Unsafe sexual behaviors 4. Indiscriminate sexual behaviors 5. Problems with sexual boundaries
17. Self-injury	Extent of: <ol style="list-style-type: none"> 1. Cutting on self without suicidal intent 2. Burning self with cigarettes or matches 3. Hurting self to reduce emotional distress or triggered memories 4. Punching walls or other immovable objects 5. Biting self or pulling out hair
18. Bingeing or purging	Extent of: <ol style="list-style-type: none"> 1. Eating even when full 2. Intentionally vomiting 3. Eating more food as a way to calm down 4. Not being able to stop self from eating 5. Using laxatives to control weight
19. Other risky behaviors	<ol style="list-style-type: none"> 1. Reckless driving 2. Taking chances that increased danger 3. Thrill seeking 4. Doing dangerous things on the spur of the moment 5. Starting fights with people who are larger, stronger, or are armed

ITCT-A Possible Interview Question Topics

Adolescent/Young Adult, version II (PIQT-A-II)

Problem area [ATF-A-II item]	Possible Interview Question Topics
20. Legal/juvenile justice/immigration issues	<ol style="list-style-type: none"> 1. Recent arrest(s) 2. History of law breaking 3. Immigration problems (client or family member[s]) 4. On probation or parole 5. Upcoming trial or incarceration
21. Issues associated with bullying (victim)	<ol style="list-style-type: none"> 1. Repeatedly being pushed or shoved by peers 2. Repeated verbal threats or taunts by peers 3. Repeatedly being humiliated, rejected, or socially excluded by peers 4. Emotional harassment or maltreatment on social media by peers 5. Repeatedly being called names by peers
22. Issues associated with social response to race/gender/identity/orientation	<ol style="list-style-type: none"> 1. Racist taunts, threats, or treatment 2. Transphobic or homophobic statements or behaviors from others 3. Being victimized by, or witnessing, a hate crime 4. Sexist treatment 5. Discrimination at school, work, or in another situation
23. Easily triggered flashbacks, emotions, or behaviors	<ol style="list-style-type: none"> 1. Being easily reminded of past traumas or adversities 2. Getting very upset when the client is reminded of a bad thing in the past 3. Suddenly feeling like the client is back in the past 4. Vivid images that are triggered by something similar to a past trauma 5. Suddenly hearing or seeing something bad that happened in the past
24. Emotion regulation/tolerance problems	<ol style="list-style-type: none"> 1. Becoming easily upset by things for seemingly insufficient reasons 2. Not being able to control feelings 3. Rapidly changing emotions 4. Feeling overwhelmed by emotions 5. Having trouble getting out of a bad mood
25. Issues associated with prostitution, sex for food/shelter/drugs, other sexual exploitation	<ol style="list-style-type: none"> 1. Engaging in sex for money 2. "Survival sex:" trading sex for food, shelter, or drugs 3. Being "pimped" by a boyfriend, girlfriend, family member, or stranger 4. Being forced or coerced into pornography 5. Being made to perform phone sex, sexual massage, etc.